

Become a Befriender in East Berkshire

**Can you volunteer and help support people with
dementia in East Berkshire?**



We aim to provide friendship, support and encouragement through visits from our trained volunteers who can visit people in their own homes or share in an activity together.

If you can spare an hour or two of your time on a regular basis you could become a valued Befriender and make a real difference in someone's life.

Please contact your local Alzheimer's Society for more information:

Liz Barr, Befriending Manager

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